

CITY OF FALCON HEIGHTS



Weekly Newsletter:
5/22/23 - 5/26/23

2077 Larpenteur Avenue West, Falcon Heights, Minnesota 55113
| 651-792-7600 | <https://www.falconheights.org/>

Public Works Updates

Street Sweeping

Public Works has completed street sweeping but will be touching up areas as needed throughout the season.

Watch our [Facebook page](#) for updates.

Potholes

Public Works will be addressing any remaining potholes. Residents can report potholes by calling City Hall at 651-792-7600 or by email at mail@falconheights.org

Sidewalks

Safe Step will be coming to the Northome section of town within the next two weeks to assess sidewalk panels that may need to be shaved due to tree roots or ground movement. They would then begin the trip hazard mitigation (shaving panels down) in the following 30 to 45 days.

Tree Trimming

Tree trimming by Uppercut Tree Services in the Northeast Quadrant was delayed.

Tree trimming will now take place in that area the week of May 22 and will focus first on the streets that will be part of the Garden Avenue Pavement Management Project. Watch our [Facebook page](#) for progress updates.

Street Signs

Public Works has been locating street signs that were damaged during the winter months and will begin addressing those in the coming weeks, once underground utilities have been located.

Speed Limit Signs

Public Works has installed two additional speed limit signs at the mid-block of Tatum Street. Please adhere to residential speed limits.

City Council Upcoming Meetings

The next Falcon Heights City Council Meeting is scheduled for Wednesday, May 24 at 7:00 PM

Agenda:

- General Disbursements, Payroll and Wire Payments
- Approval of City Licenses
- Appointment of David Simons as Senior Maintenance Worker
- Community Development Coordinator/Planner Hannah Lynch – Six Month Step Adjustment
- 2023 PMP – Materials Testing Contract
- Summer Hours
- Purchase of MPH Industries StreetScout Trailer Using State Contract Pricing
- Lease of City Hall Copier/Scanner from Loffler

Closed Session:

1. Annual Performance Evaluation for City Administrator Jack Linehan



Join a City Commission!

The following commission is currently accepting applications:

- Planning Commission (1 vacancy)
- Community Engagement Commission (3 vacancies)

If you are passionate about the City of Falcon Heights and want to make a positive impact on your community please apply today!

More information can be found [here](#).

Memorial Day - May 29, 2023

Please note City Hall will be closed on May 29, 2023 in observance of Memorial Day



Community Updates

Recycling Stats - April 2023

Tennis Sanitation LLC, April 2023
Recycling Statistics:

Single Family Homes - Average of 43.11 lbs. collected.

Multi-Family - Average of 17.3 lbs. collected per unit.

Overall - A total of 32.65 tons of recycling was picked up for the month.

Great job recycling, Falcon Heights!

Ramsey County Cleveland Avenue Reconstruction

Cleveland Avenue from Buford to Larpenteur is closed. The Buford intersection is also closed. Follow signed detour. For more information or to sign up for alerts, click [here](#)

Mobile HHW Collection

Free household hazardous waste collection is available for Ramsey County residents in at the May Mobile Site in Arden Hills.

Location:

1352 Ben Franklin Rd.
Arden Hills, MN 55126

Dates:

May 26, 2023 - 10:00 AM - 6:00 PM
May 27, 2023 - 9:00 AM - 4:00 PM

Learn about accepted items [here](#)

Como Park Zoo & Conservatory

The SPIRE Sparky Show

Did you know that Sparky the sea lion has a new home, and a new show?!

This reimagined show will highlight all 7 animals that call Como Harbor home each adopting the role of "Sparky" on any given day as they get to know each other, the habitat, and their adoring fans.

The SPIRE Sparky Show happens daily at 11:30 at the KSTP Amphitheater at Como Harbor.

<https://comozooconservatory.org/sparky-is-making-a-splash>

Spring

Has Sprung at City Hall



UPCOMING CITY EVENT

Ice Cream Social- July 20

The City will host its annual Ice Cream Social event on Thursday, July 20 from 5:00 to 7:00 PM at Community Park.

Enjoy free ice cream treats, live music and outdoor games! More details to come, but please save the date.



JOIN US FOR AN

ICE Cream SOCIAL

FREE ice cream treats!
FREE hot dogs, chips and water!
Live music and dance performances!
Fire truck and rescue vehicles!
Outdoor games!
Resource Fair!

THURSDAY, JULY 20 - 5:00 TO 7:00 PM

COMMUNITY PARK
2050 ROSELAWN AVE. W.
FALCON HEIGHTS

WE'RE HIRING! -Summer Program Intern-

The City is currently hiring for a Summer Program Intern. The position will be responsible for planning, organizing, and coordinating a variety of recreational programs for children (ages 3-13) in an outdoor setting.

The position will also help hire and train other summer programming staff. The ideal candidate will be able to work with no direct supervision, excel in leading group activities, have experience working with children and have a background in Parks and Recreation or Elementary Education.

If this sounds like you, we highly encourage you to apply! The position will close on Monday, May 29 at 4:30 PM

Please visit [our website](#) to view the entire job description and review the application requirements.

WE'RE HIRING! -Seasonal Recreation Staff-

The City of Falcon Heights is seeking candidates for the temporary/seasonal positions of Seasonal Recreation Staff. These positions will be responsible for assisting in the implementation of summer programming for children (ages 3-13) in an outdoor setting. The ideal candidates will be energetic, reliable, and have experience in coaching or working with children.

Please visit [our website](#) to view the entire job description and review the application requirements.

Summer Program Registration is Open!

The Falcon Heights Parks and Recreation Department offers a variety of summer programs for children. Registration is now open and runs through May 25. For more information, please visit our [website](#).

Questions about programming or summer employment opportunities can be directed to Kelly Nelson at 651-792-7617 or kelly.nelson@falconheights.org.



State Fair Policies and Procedures Review Task Force

The City of Falcon Heights is establishing a task force to review the city policies and procedures regarding the Minnesota State Fair and fairground events.

[If you are interested in participating, please fill out the interest form here.](#)

State Fairgrounds Events

Kickoff to Summer at the Fair May 25 - 28

Discount Tickets On Sale Now!

The third annual Kickoff to Summer at the Fair will return May 25-28, 2023! Enjoy a slice of the fair! Get together with family and friends, savor State Fair food favorites at 30+ vendors, raise a glass to a bright summer ahead, tap your toes to live music on three stages, enjoy activities and attractions for the whole family, shop 20+ specialty Minnesota merchants, and so much more! This is the ultimate way to kick back and relax at the iconic State Fairgrounds! Plus, there's free parking!

To make this an extra-special experience, attendance is limited per day.

Thursday, May 25: 4-9 PM

Friday, May 26: 4-9 PM

Saturday, May 27: 11 AM to 7 PM

Sunday, May 28: 11 AM to 7 PM

For more information and to purchase tickets visit:

<https://www.mnstatefair.org/kickoff-to-summer/>

St. Anthony Park Area Seniors

Tackling Telehealth

Do you know how to prepare for and participate in an online medical visit? Angela Smithson, MD, MPH from U of M Physicians of MHealth Fairview will be live virtually to explain all aspects of a telehealth visit. This presentation will be great for seniors and caregivers as they navigate this new style of doctor's visits.

Thursday, May 25, 2023 at 1:00 pm

This event is offered at no charge.

Contact SAPAS at sc@sapaseniors.org or call 651-642-9052 to get the Zoom link.

Krav Maga

Would you like to feel more confident and stronger when you are "out and about"?

Try this Senior Self-Defense Series: Krav Maga

Learn through drills and games situation awareness and prevention skills as well as defend and fight as a last resort.

Gail Boxrud, a certified instructor from Krav Maga Minneapolis LLC, will lead this course. Participants may attend 1, 2, or all 3 sessions.

Dates: Wednesdays, June 7, 14, 21

Time: 10:30-11:30 am

Place: lawn at 2200 Hillside Avenue, St. Paul

Registration is required. Contact SAPAS at sc@sapaseniors.org or call 651-642-9052 to register.

City Hall Programming

REGISTER
NOW

Tae Kwon Do

Register for Tae Kwon Do sessions!

Tae Kwon Do Basic and Intermediate/Advanced sessions will be held on Tuesdays, with classes running May 9 - June 13.

Cardio Kickboxing classes will be held on Thursdays, running May 11 - June 15. All classes are held in the City Council Chambers at City Hall.

Classes are instructed by Joshua Jordan, a 2nd-degree black belt. These classes help develop self-defense skills, mental strength, focus, self-confidence, physical health and flexibility.

For more information and to register, click this link:
<https://www.falconheights.org/residents/tkd-information>



Yoga

Register for yoga classes today! Classes run every Monday from June 5 -August 21 at 4:30 PM. in the City Council Chambers at City Hall.

Classes are instructed by Shaila Cunningham, who has over 20 years of experience and was certified in 2001 in-residence at Kripalu. Appropriate for healthy beginners or for those wanting to explore “deeper practices,” classes will combine classical yoga with best practices, served up with a side of humor. Shaila serves as instructor for North Oaks and Midland Hills Golf Clubs and offers additional classes at YogaHotDish locations.

For more information and to register, click this link:

<https://www.falconheights.org/residents/parks-recreation/yoga>



City Hall Programming - New Class!

Neighborhood Workouts at Curtiss Field

Join your neighbors for fun and friendly outdoor strength and conditioning workouts at Curtiss Field Park this summer!

Participants will use dumbbells, resistance bands, slam balls, and other implements to build overall strength, mobility, balance, and cardio endurance. All bodies are welcome here, regardless of age, size, and previous experience.

Classes will be held on Saturday mornings at 8:00 a.m. from June 17 - August 19 at Curtiss Field (1551 W. Iowa Ave.).

For more information, click this link:

<https://www.falconheights.org/residents/parks-recreation/activities-programs/summer-workouts>

Como Falcon Heights Block Nurse Program

WE NEED YOU!



Como Park/Falcon Heights Living at Home Block Nurse Program is looking for volunteers of all types – friendly visitors, driving seniors to doctor appointments, chore support, grocery delivery, dog walkers and more.

Make a difference in the lives of our neighborhood seniors! Even one hour will help greatly.

Call 651.642.1127 to let us know what and when you can help. We're stronger together!



Additional Community Resources:

Online BIPOC Support Groups

The National Alliance on Mental Illness (NAMI) has coordinated various online support groups to help BIPOC. Please click [here](#) for more information.



Blood Pressure Clinics

Sponsored By Como Park/Falcon Heights Block Nurse Program



Love your heart! Take advantage of these **free** Blood Pressure Clinics.



1st & 3rd Mondays from
2pm-3:30pm at Arbor Pointe
Apartments

2nd & 4th Mondays from
2pm-3:30pm at Falcon Heights
City Hall

Ramsey County

Emergency Assistance:



Get help with shelter payments, such as past due rent, to stop evictions or foreclosure. Click [here](#) for more information that could help!

Food Assistance:



There are many meal and food assistance programs that are available in Ramsey County.

Visit the Ramsey County website for information regarding food resource guides, programming, emergency support and more! Use the interactive map to find resources near you, including delivery services, free dining and meal sites.

Protection & Crisis:



There are protection & crisis resources available that are provided by Ramsey County. Click [here](#) for more information regarding protection and crisis resources.

Energy Cents Coalition



Are you looking for help paying your Xcel bills or are you in need of a replacement furnace, water heater or refrigerator. Call 651 - 774 - 9010 to check if you are eligible

Follow us on Social Media!



#FalconHeights #TheCityThatSoars

Viewing this newsletter in print? Go online to access the electronic version- falconheights.org/residents/news-updates.