

CITY OF FALCON HEIGHTS



Weekly Newsletter:
6/5/23 - 6/9/23

2077 Larpenteur Avenue West, Falcon Heights, Minnesota 55113
| 651-792-7600 | <https://www.falconheights.org/>

Public Works Updates

Sidewalks

Safe Step will be coming to the Northome section of town within the next two weeks to assess sidewalk panels and determine panels that may need to be shaved due to tree roots or ground movement. They would then begin the trip hazard mitigation (shaving panels down) in the following 30 to 45 days.

Tree Trimming

Uppercut Tree Service started tree trimming in the Northeast Quadrant and will continue throughout the week. The Public Works crew is trimming boulevard trees in the Northome quadrant.

Court Striping

Public Works is planning on striping Curtiss Field basketball court and the hard court at Grove Park for Pickleball. They are currently getting bids for these projects.

Community Updates

2023 Pavement Management Project (PMP) Neighborhood Meeting

Wednesday, June 7 from 5:30 PM to 6:30 PM at City Hall.

The following streets included in the 2023 Pavement Management Project for pavement rehabilitation and minor utility work:

- Holton Street, Larpenteur Avenue to Roselawn Avenue
- Albert Street, Ruggles Street to Roselawn Avenue
- Sheldon Street, Ruggles Street to Roselawn Avenue
- Ruggles Street, Holton Street to Hamline Avenue
- Garden Avenue, East Snelling Service Drive to Hamline Avenue
- Idaho/Iowa Alleyway
- Ruggles Pathway

For those who are unable to attend in person, the City of Roseville will post a meeting recap on their website after the meeting.

City Council Upcoming Meetings

The next Falcon Heights City Council Workshop Meeting is scheduled for Wednesday, June 7 at 6:30 PM

Agenda

1. Law Enforcement Contract Discussion
2. State Fair Task Force
3. Juneteenth / CROWN Act Personnel Policy Changes
4. THC Moratorium Extension



Upcoming Commission Meetings

Joint Meeting - Parks Commission and Community Engagement Commission

Monday, June 5 at 6:30 PM

Agenda

1. Ice Cream Social
2. Fall Programming
3. PARC Agenda Calendar
4. Fitness Court

Join a City Commission!

The City of Falcon Heights has four City Commission, which serve in an advisory capacity to the City Council.

Commissioners are volunteers including Falcon Heights residents, local business owners, and business designees who have been appointed by the Mayor and approved by the City Council. Commissioners serve a three year term, and are eligible for two terms.

The following commissions are currently accepting applications:

- Planning Commission (1 vacancy)
- Community Engagement Commission (3 vacancies)

If you are passionate about the City of Falcon Heights and want to make a positive impact on your community please apply today!

More information can be found [here](#).



Community Updates

Night to Unite Registration Open

Night to Unite will take place Tuesday, August 1 from 5:00 PM to 9:00 PM. It is a statewide event that builds and fosters community bonds between citizens, businesses, and public safety organizations, such as the Ramsey County Sheriff's Office.

To register your event with the Ramsey County Sheriff's Office, click [here](#)

To register your event with the city to have barricades dropped off, click [here](#)

Additional Resources:

- [Block Party Packet](#)
- [Ramsey County Sheriff's Office Night to Unite Webpage](#)

No Mow May Ended

Lawn enforcement codes will be reinstated on Monday, June 5. Grass must be kept to a height of 6" or less.

Here are a few tips for mowing:

- Don't mow during the hottest part of the day
- Don't mow when the grass is wet
- Do rotate your mowing pattern
- Do rake up excessive clippings

State Fair Policies and Procedures Review Task Force

The City of Falcon Heights is still looking for eligible State Fair Task Force members from the following neighborhoods:

- Falcon Woods / Maple Court
- Lindig/Fairview/Tatum
- University Grove
- Hollywood Court/Snelling West

The Task Force will review the city procedures and policies surrounding the Minnesota State Fair and fairground events. The Task Force is tentatively scheduled to begin in June and meeting bi-weekly, either on Tuesdays or Thursdays at 6:30 p.m.

For questions on the Task Force, contact City Hall at 651-792-7600.

[If you are interested in participating, please fill out the interest form here.](#)

Ramsey County Cleveland Avenue Reconstruction

Cleveland Avenue from Buford to Larpenteur is closed. The Buford intersection is also closed. Follow signed detour. For more information or to sign up for alerts, click [here](#)

Summer Fun

June 10 Free State Park Day

Enjoy FREE entrance to all 75 Minnesota state parks and recreation areas. No Vehicle permits are needed.

Coming to the park? Know the "Key 3:"

1. Plan to be flexible, and consider exploring new destinations. Parks are busy on these free days, so we encourage you to discover a new favorite!
2. Arrive prepared. Check visitor alerts and download maps before your trip.
3. Recreate responsibly. Help conserve these special places for the future by staying on trails and leaving no trace.

The entrance fee waiver for Free Park Day does not cover amenity or user fees for activities like camping, rentals, or special tours. Details are on the [Free Park Day web page](#)

The Good Acre Grill Box

Sign Up For Summer Grilling Boxes. Local, local, local! Support all kinds of nearby growers and makers with your purchase of The Good Acre's seasonal grilling box series.

Your purchase includes FOUR boxes of food, one per month in June, July, August, and September.

For more information, [click here](#).

Metrotransit Summer Student Pass

Students at participating high schools (see below) can get a summer's worth of rides on buses and light rail for just \$30 with the Summer Student Pass!

From June 1 through Sept. 5, students can get unlimited rides on buses and trains up to a \$3.25 fare (for fares higher than that amount, like some Northstar trips, just add stored value to your pass). Don't wait – Summer Student Passes go on sale May 8!

Buy your Summer Student Pass with a credit card here or with cash or a credit card at a Metro Transit Service Center.

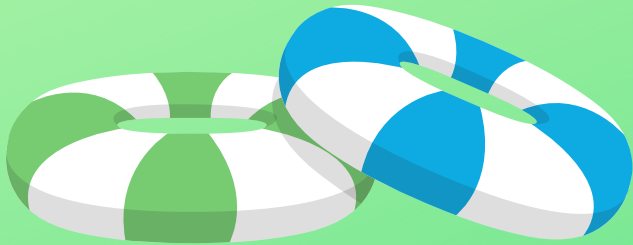
For eligibility and more information, [click here](#).



Make a Splash

Battle Creek Waterworks opens Saturday, June 10. Come cool off in the zero-entry pool, hang out on the water play structure or take a spin down the big water slide.

Ramsey County beaches are open! Lifeguard services are provided at Lake McCarrons beach on a limited basis. All other county swimming beaches are unguarded for the 2023 season.



Climate Action Community Conversation

From more extreme weather events to higher rates of diseases, climate change continues to impact our health and well-being. While we all feel these impacts, they are greatest among ethnically and racially diverse and socioeconomically disadvantaged communities. Discuss what actions the county will take to respond to climate change.

When: Tuesday, June 13 from 4:00 PM to 7:00 PM

Where: PAIKKA Event Center at 550 Vandallia St. #165 in Saint Paul

You will receive a \$25 gift card and a full meal as compensation for your time.

Registration required.

St. Anthony Park Area Seniors

Krav Maga

Would you like to feel more confident and stronger when you are “out and about”?

Try this Senior Self-Defense Series: Krav Maga

Learn through drills and games situation awareness and prevention skills as well as defend and fight as a last resort. Gail Boxrud, a certified instructor from Krav Maga Minneapolis LLC, will lead this course. Participants may attend 1, 2, or all 3 sessions.

Dates: Wednesdays, June 7, 14, 21

Time: 10:30-11:30 am

Place: lawn at 2200 Hillside Avenue, St. Paul

Registration is required. Contact SAPAS at sc@sapaseniors.org or call 651-642-9052 to register.

UPCOMING CITY EVENTS

Juneteenth Celebration in Roseville

Do Good Roseville is inviting you to their Juneteenth Celebration on Saturday June 17, 2023, in Central Park, 2540 Lexington Avenue N, Roseville, MN from 11:00 a.m. to 3:00 p.m.

More information can be found at:
<https://dogoodroseville.com/juneteenth-roseville-2023/>
<https://www.facebook.com/JuneteenthRoseville/>

Ice Cream Social- July 20

The City will host its annual Ice Cream Social event on Thursday, July 20 from 5:00 to 7:00 PM at Community Park.

Enjoy free ice cream treats, live music and outdoor games! More details to come, but please save the date.

Juneteenth Celebration Roseville
 11 a.m. – 3 p.m.
 Saturday, June 17, 2023
 Frank Rog Amphitheatre at Central Park
 2540 Lexington Ave N.

It's time for all to celebrate Juneteenth in Roseville!
 Also known as Freedom Day, Jubilee Day, Black Fourth of July, and Independence Day. Juneteenth observes June 19, 1865, when slaves in Galveston, Texas were informed that they were free, two years after the Emancipation Proclamation of January 1, 1863.

— SPEAKERS —

- Colette Campbell
- Anthony Galloway
- Dr. Artika Tyner
- Clare Oumou Verbeten

— ENTERTAINMENT —

- DJ Biko
- Brodini Magician
- TKO Drumline
- DARS Double Scoop

— FOOD —

- Jamaican Caribbean Cuisine

Free Food & Entertainment

LEARN MORE AT
[DoGoodRoseville.com/juneteenth-roseville-2023/](https://dogoodroseville.com/juneteenth-roseville-2023/)

SPONSORED BY

JOIN US FOR AN
ICE Cream SOCIAL

FREE ice cream treats!
 FREE hot dogs, chips and water!
 Live music and dance performances!
 Fire truck and rescue vehicles!
 Outdoor games!
 Resource fair!

THURSDAY, JULY 20 - 5:00 TO 7:00 PM

COMMUNITY PARK
 2050 ROSELAWN AVE. W.
 FALCON HEIGHTS

City Hall Programming

REGISTER
NOW

Tae Kwon Do

Register for Tae Kwon Do sessions!

Tae Kwon Do Basic and Intermediate/Advanced sessions will be held on Tuesdays, with classes running June 20 - August 1.

Cardio Kickboxing classes will be held on Thursdays, running May 11 - June 15. All classes are held in the City Council Chambers at City Hall.

Classes are instructed by Joshua Jordan, a 2nd-degree black belt. These classes help develop self-defense skills, mental strength, focus, self-confidence, physical health and flexibility.

For more information and to register, click this link:
<https://www.falconheights.org/residents/tkd-information>



Yoga

Register for yoga classes today! Classes run every Monday from June 5 -August 21 at 4:30 PM. in the City Council Chambers at City Hall.

Classes are instructed by Shaila Cunningham, who has over 20 years of experience and was certified in 2001 in-residence at Kripalu. Appropriate for healthy beginners or for those wanting to explore “deeper practices,” classes will combine classical yoga with best practices, served up with a side of humor. Shaila serves as instructor for North Oaks and Midland Hills Golf Clubs and offers additional classes at YogaHotDish locations.

For more information and to register, click this link:

<https://www.falconheights.org/residents/parks-recreation/yoga>



City Hall Programming - New Class!

Neighborhood Workouts at Curtiss Field

Join your neighbors for fun and friendly outdoor strength and conditioning workouts at Curtiss Field Park this summer!

Participants will use dumbbells, resistance bands, slam balls, and other implements to build overall strength, mobility, balance, and cardio endurance. All bodies are welcome here, regardless of age, size, and previous experience.

Classes will be held on Saturday mornings at 8:00 a.m. from June 17 - August 19 at Curtiss Field (1551 W. Iowa Ave.).

For more information, click this link:

<https://www.falconheights.org/residents/parks-recreation/activities-programs/summer-workouts>

Como Falcon Heights Block Nurse Program

WE NEED YOU!



Como Park/Falcon Heights Living at Home Block Nurse Program is looking for volunteers of all types – friendly visitors, driving seniors to doctor appointments, chore support, grocery delivery, dog walkers and more.

Make a difference in the lives of our neighborhood seniors! Even one hour will help greatly.

Call 651.642.1127 to let us know what and when you can help. We're stronger together!



Additional Community Resources:

Online BIPOC Support Groups

The National Alliance on Mental Illness (NAMI) has coordinated various online support groups to help BIPOC. Please click [here](#) for more information.



Blood Pressure Clinics

Sponsored By Como Park/Falcon Heights Block Nurse Program



Love your heart! Take advantage of these **free** Blood Pressure Clinics.



1st & 3rd Mondays from
2pm-3:30pm at Arbor Pointe
Apartments

2nd & 4th Mondays from
2pm-3:30pm at Falcon Heights
City Hall

Ramsey County

Emergency Assistance:



Get help with shelter payments, such as past due rent, to stop evictions or foreclosure. Click [here](#) for more information that could help!

Food Assistance:



There are many meal and food assistance programs that are available in Ramsey County.

Visit the Ramsey County website for information regarding food resource guides, programming, emergency support and more! Use the interactive map to find resources near you, including delivery services, free dining and meal sites.

Protection & Crisis:



There are protection & crisis resources available that are provided by Ramsey County. Click [here](#) for more information regarding protection and crisis resources.

Energy Cents Coalition



Are you looking for help paying your Xcel bills or are you in need of a replacement furnace, water heater or refrigerator. Call 651 - 774 - 9010 to check if you are eligible

Follow us on Social Media!



#FalconHeights #TheCityThatSoars