



»» NEWSLETTER ««



**CITY OF FALCON HEIGHTS**  
**2077 LARPENTEUR AVENUE WEST**  
**FALCON HEIGHTS, MN 55113**  
**651-792-7600**



# CONTACT US

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Elke van der Werff Administrative & Communications Coordinator	651-792-7621
Roland Olson Finance Director	651-792-7612
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## FIRE

Fire protection is provided the by St. Paul Fire Department.

Emergencies	911
Non-emergency	651-266-8989

## POLICE

Police protection is provided by the Ramsey County Sheriff's Office.

Emergencies	911
Non-emergency	651-767-0640

## CITY HALL OPENING HOURS:

Monday - Friday  
8:00 AM - 4:30 PM





# CITY COUNCIL

The City Council meets the 2nd and 4th Wednesday of each month at 7:00 p.m. at City Hall, 2077 W. Larpenteur Avenue. Meetings are streamed live from NineNorth (formerly CTV) and televised on public access channel 15.



## MAYOR RANDY GUSTAFSON

RANDY.GUSTAFSON@FALCONHEIGHTS.ORG



## COUNCIL MEMBER YAKASAH WEHYEE

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## COUNCIL MEMBER JIM WASSENBERG

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## COUNCIL MEMBER ERIC MEYER

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### UPCOMING MEETINGS

- Wednesday, September 6 City Council Workshop Meeting - 6:30 PM
- Wednesday, September 13 City Council Meeting - 7:00 PM
- Wednesday, September 25 City Council Meeting - 7:00 PM



**>>> CITY COUNCIL WORKSHOP MEETING <<<**

CITY COUNCIL WORKSHOP  
CITY HALL  
2077 WEST LARPENTEUR AVENUE

**AGENDA**

SEPTEMBER 6, 2023  
6:30 P.M.

**POLICY ITEMS**

1. Third Sphere: Intercultural Leadership Training Cohort
2. Cannabis Business Moratorium

# CITY COMMISSIONS <<<

The City of Falcon Heights has four City Commissions, which serve the City Council in an advisory capacity. Commissioners are volunteers including Falcon Heights residents, local business owners, and business designees who have been appointed by the Mayor and approved by the City Council.

## COMMUNITY ENGAGEMENT COMMISSION

The Community Engagement Commission advises the City Council on matters related to community needs and issues, crime and prevention, public awareness, community involvement, and human rights issues. The commission also helps plan and facilitate community events such as Human Rights Day and the Ice Cream Social.

The Community Engagement Commission meets on the third Monday of the month at 6:30 p.m. at City Hall.

There are currently THREE vacancies. To apply, [click here](#)

## PARKS AND RECREATION COMMISSION

The Parks & Recreation Commission advises the Council on matters related to the operation of the City's public parks and the City recreation program.

The Parks & Recreation Commission meets on the first Monday of the month at 6:30 p.m. at City Hall.

There is currently ONE vacancy. To apply, [click here](#)

## PLANNING COMMISSION

The Planning Commission advises the City Council on matters related to planning, zoning, and land use. Meetings are streamed [live from NineNorth](#) and televised on public access channel 15.

The Planning Commission meets the fourth Tuesday of the month at 7:00 p.m. at City Hall.

There are currently NO vacancies.

## ENVIRONMENT COMMISSION

The Environment Commission advises the City Council on matters related to environmental issues, including recycling and waste disposal, community gardens, and storm water runoff. The Commission also develops and recommends implementation of environmentally friendly initiatives such as rain barrels and solar panels, supporting and advancing the City's participation in the [GreenStep Cities](#) program.

The Environment Commission meets the second Monday of the month, 6:30 p.m., at City Hall.

There are currently NO vacancies.

# REMINDERS <<<

## City Hall Resumes Non-Summer Hours

City Hall will resume normal hours immediately following Labor Day. Beginning Tuesday, September 5th, City Hall will be open weekdays from 8:00 a.m. to 4:30 p.m.

## Recycling Pickup Delayed

Due to the Labor Day holiday, recycling pickup from Tennis Sanitation will be delayed one day. Recycling will be collected on Saturday, September 9. Check with your trash hauler to see if your garbage pickup will also be delayed.



## Fall Newsletter

City staff is getting the biannual (fall) newsletter ready so that it can be mailed to residents in September. The biannual newsletter provides more in-depth information and updates regarding the purchase of Community Park, parking during snow emergencies, City elections and more. Look for it in your mailbox soon!

# >>> SURVEY

## 2023 Falcon Heights MN State Fair Survey

The City's State Fair Task Force was formed prior to the 2023 MN State Fair to provide recommendations to the City Council in an effort to improve the experience of residents during the fair. And, while they can't solve every issue, the Task Force is interested in hearing your feedback to better improve your experience in the future. Please [click here](#) and take the survey at your earliest convenience. Paper copies are also available for pickup at City Hall. If you would like a paper copy mailed to your home, call City Hall at (651) 792-7600.

The Task Force will begin discussing initial feedback at their meeting on September 21.



# PUBLIC WORKS & <<< CONSTRUCTION UPDATES

## 2023 PMP Construction Schedule

Construction of the 2023 Falcon Heights Pavement Management Project is complete!

The contractor will continue to water the grass seed. In the spring of 2024, the contractor will return to touch-up boulevard restoration and address warranty items.

Council Actions are denoted with CC. Council meetings are open to the public and also available for viewing on the Falcon Heights website or Channel 16 for cable subscribers.  
Sept/Oct 2023 – CC Assessment Hearing  
October 2023 – CC Action on Assessments  
Spring 2024 – Warranty Items & Final Restoration



## Ramsey County Cleveland Avenue Reconstruction

Starting September 6, the intersection at Larpenteur and Cleveland will be a 4-way stop configuration for six weeks. Expect traffic delays. For more information or to sign up for alerts, click [here](#)

## Mowing

Public Works will continue mowing city-maintained grass, as needed.

They are also working on restoring the rain gardens at City Hall.

## Tree Trimming

Public Works trimmed the resident side of the boulevard trees in the Northome neighborhood.

## Trash

Public Works will be picking up trash as needed throughout the city.

## Sidewalks

Public Works is continuing the sidewalk project in the Northome neighborhood time and weather permitting.

## Street Signs

Public Works will be removing all temporary State Fair parking restriction signs.

## Community Park

Public Works will begin needed prep-work for the upcoming planting event at the Community Park prairie area.

# COMMUNITY <<< EVENTS & UPDATES

## LITTLE FRESH & FREE MARKET RETURNS!

Last summer's free local produce give-away at Garden Avenue and Pascal St. was suspended this summer due to road construction. With construction wrapping up, Falcon Heights Church has brought back the popular event.

The Little Fresh & Free Market is a Give or Take Event. This means you can:

- **TAKE:** Come by and choose local produce to bring home.
- **Or GIVE:** if you have excess produce to share, bring it to the church by 4pm that day so it can be distributed. (A sign for where to leave produce will be posted on the front door of the church that day.)

Upcoming dates for the Market include Weds., Sept. 6 and Weds., Sept. 20 from 4-6 p.m.

## Como Falcon Heights Block Nurse Program

WE NEED YOU!



Como Park/Falcon Heights Living at Home Block Nurse Program is looking for volunteers of all types – friendly visitors, driving seniors to doctor appointments, chore support, grocery delivery, dog walkers and more.

Make a difference in the lives of our neighborhood seniors! Even one hour will help greatly.

Call 651.642.1127 to let us know what and when you can help. We're stronger together!



## Ready to Save on Your Energy Bills?

One convenient Home Energy Squad® visit is your answer to years of energy savings. We offer two home visit options:

- For homes built after 2000, mobile homes, condos, and renters – Only \$35 (normally \$70)
- For older homes – Only \$50 (normally \$100)

To learn more and to schedule your visit call 651-328-6220, or visit: [mncee.org/hes](https://mncee.org/hes)

Free visits available to income qualified households.





# COMMUNITY <<< EVENTS & UPDATES

## Volunteers Needed for Community Park Planting Event!

When: Saturday, September 16 from 10:00 AM - 2:00 PM

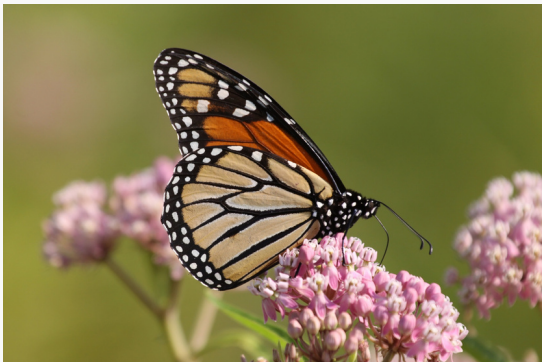
Where: Falcon Heights Community Park  
2050 Roselawn Ave. W.

The City of Falcon Heights and the Monarch Joint Venture will be holding a planting event to plant 700-800 pollinator plants around the pond at Community Park as part of grant funds received from the St. Paul Garden Club.

This will be a family-friendly event and all help is greatly appreciated! There will be some gardening gloves and shovels available, but if you have your own / additional gardening tools, please bring them! We will also have lunch and water for volunteers!

If you are able to help, please sign up here: <https://forms.gle/ItVvpSTWzoMavMGi6>

And, if you plan to bring your kids, tell us in the note section and let us know their ages.



## St. Anthony Park Area Seniors

Sippin' Suds for St. Anthony Park Area Seniors

When: Sunday, September 17 from 2:00 to 4:00 p.m.

Where: Urban Growler (2325 Endicott St.)

Everyone is invited! Tickets are \$15 each and include one drink and a concert by The Ladies Music Club.

To purchase tickets, call the St. Anthony Park Area Seniors office by phone at 651-642-9052, online at <https://sapaseniors.org/sippin-suds>, or at the door.

SAPA keeps eight dollars from each ticket purchased. The raised funds go to the St. Anthony Park Area Seniors program to continue providing services and activities that support seniors living independently in St. Anthony Park, Lauderdale and western Falcon Heights. St. Anthony Park Area Seniors works to keep our community strong by connecting seniors with neighborhood volunteers.

## Be Active! Be Green! Bench Initiative

City staff recently applied for a grant with Active Living Ramsey Communities for park benches. The Ramsey County Board of Commissioners approved funding and Falcon Heights will be receiving 8 Be Active! Be Green! benches that will be placed at Community Park and Curtiss Field.



## League of Women Voters - Roseville Area

### Falcon Heights Mayoral and City Council Candidate Forum

When: Thursday, September 14 from 7:00 to 8:00 PM (doors open at 6:30 PM)

Where: Falcon Heights City Hall  
2077 Larpenteur Ave. W.

League of Women Voters - Roseville Area will host a candidate forum as an opportunity for residents of Falcon Heights to attend and ask questions of the candidates.

#### Candidates:

Mayor - Randy Gustafson  
Council Member at Large (Elect 2)- Paula Mielke and Jim Wassenberg

If a resident is unable to attend in-person and wishes to ask a question, they may email it to [lwvrosevillearea@lwvmn.org](mailto:lwvrosevillearea@lwvmn.org) by noon on Tuesday, September 12 (put "Falcon Heights" in the subject line) and view the forum live via the NineNorth cable channels HD 859 or SD 15. Or, find it online at <https://ninenorth.org/speak-outs>

## Homework Help

Mondays, 5:30-7:30 PM  
Ramsey County Library -Roseville

Appropriate for all ages. Homework Help starts September 18.

Need help with your homework? Starting September 18, students of all ages are welcome to stop by for assistance with completing assignments. A tutor will be on hand to help keep you on track. Service is available on a first-come, first-served basis.

# COMMUNITY EVENTS & UPDATES

## Free Household Hazardous Waste Collection - Mobile Site

Drop off your household hazardous waste items for free on Fridays and Saturdays throughout September!

Location: 1660 Como. Ave. in St. Paul (across from the fairgrounds).

Hours: Fridays from 10:00 a.m. to 6:00 p.m.  
Saturdays from 9:00 a.m. to 4:00 p.m.

SEPTEMBER 8, 2023	10 A.M.-6 P.M.
SEPTEMBER 9, 2023	9 A.M.-4 P.M.
SEPTEMBER 15, 2023	10 A.M.-6 P.M.
SEPTEMBER 16, 2023	9 A.M.-4 P.M.
SEPTEMBER 22, 2023	10 A.M.-6 P.M.
SEPTEMBER 23, 2023	9 A.M.-4 P.M.
SEPTEMBER 29, 2023	10 A.M.-6 P.M.
SEPTEMBER 30, 2023	9 A.M.-4 P.M.

### LIST OF ACCEPTED ITEMS

## Citywide Garage Sale

Register your garage sale for the citywide garage sale, taking place on September 16.

Registration closes this Sunday, September 10 at 11:59 p.m.



# COMMUNITY <<< EVENTS & UPDATES

## Triennial Art Festival

### Rivers Toward Healing the Hurt

When: Saturday, September 9 from 1:00 to 4:00 PM

Where: Philando Castile Peace Garden  
(South side of Larpenteur between Cleveland and Snelling in Falcon Heights)

The multi-talented duo of Jordan Hamilton and Jayanthi Rajasa, working with other local artists, present an afternoon of artmaking, poetry, song, call to action, rest and healing at the Philando Castile Peace Garden.

Visitors will experience a sound bath session of song and music, can participate in a quilting station, and will hear poetry by local artists in an open mic opportunity. Guests and community members are sure to have a multi-sensory experience, an opportunity to contribute to the space, and will have something to walk away with to remember the day.

The visual art installation will incorporate fabrics, painted elements, & kinetic sonic interactive sculpture & be centered around the soothing/healing properties of the river, symbols of protection & other elements, which will be placed throughout the space. Kinetic sonic sculptures will incorporate elements that are particular to Philando's impact.

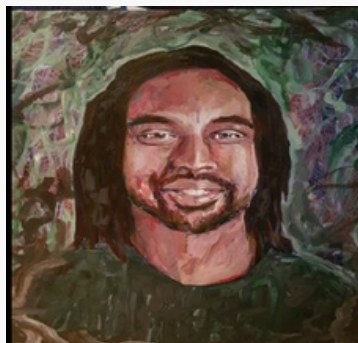
This event theme signifies 7 years of commemorating Philando's life after he was killed. The number 7 correlates to restoration and completion.

If driving, please park on the side streets near the Peace Garden. Metro Transit bus line 61 stops at Larpenteur and Snelling nearby the Peace Garden.

[Philandocastile-peacegarden.org](http://Philandocastile-peacegarden.org)  
[philadocastilefoundation.org](http://philadocastilefoundation.org)



Presented by  
**PUBLIC  
ART  
SAINT  
PAUL**



**Rivers Toward  
Healing the Hurt  
Art, Song & Poetry  
for Philando Castile**



# stop food waste challenge

# Team up against food waste

Our community cares about reducing food waste so we can save money, fight climate change, provide for our families, and become better cooks. That's why we're taking the Stop Food Waste Challenge this August.

Stop food waste. Join our team.

1. Visit [stopfoodwaste.ecochallenge.org](http://stopfoodwaste.ecochallenge.org) and sign up
2. Join our team: City of Falcon Heights
3. Choose your actions
4. Encourage others to join!



[stopfoodwaste.ecochallenge.org](http://stopfoodwaste.ecochallenge.org)



# »»» NATURE NEWSFLASH

## 5 Energy Conservation Ideas

With the weather recently, you may be starting to see those electric bills creep up just like the heat has been. Here are ten energy conservation tips to potentially save you some money down the road!

1. Turn your refrigerator down. Refrigerators account for as much as 13.7% of the total household energy use. To increase energy savings, set your fridge to 37 degrees Fahrenheit and your freezer to 3 degrees Fahrenheit.
2. Use energy-efficient light bulbs. Using CFL or LED bulbs use 25-35% less energy, compared to regular incandescent bulbs.
3. Clean or replace air filters as recommended. When the appliances have to work harder to deal with dirty air filters, energy consumption goes up!
4. Do full loads. Get the most energy-saving use from each run cycle by running full loads in both your washing machine and dishwasher.
5. Check for air leaks in your house. You already pay for your warm air in the winter and cool air in the summer. Don't let that air escape! Check your windows and doors for cracks and gaps, and seal them up with weather stripping or caulk.

### RECYCLING FUN FACT

The average person creates almost five pounds of trash per day, and in 2018, American consumers created 146.2 million tons of trash that ended up in landfills. Thankfully, Americans also recycled and composted almost 94 million tons of waste – a rate that has grown more than 300% in the past 38 years.

## Citywide Recycling Drop-Off Event

### Date & Location

Saturday, September 16, 2023 8:00 AM to 1:00 PM at the MN State Fairgrounds (enter from west on Larpenteur Ave.)

\*Checks should be made out to "City of Saint Paul"

Items NOT Accepted: Trash, building materials, concrete, furniture, fluorescent bulbs, household hazardous waste.

Please note this event is open to Falcon Heights and Saint Paul residents only.

For more information, click [here](#)



# >>> PARKS AND RECREATION <<<

## City Hall Programming

### Tae Kwon Do

Register for Tae Kwon Do sessions!

Tae Kwon Do Basic and Intermediate/Advanced sessions will be held on Tuesdays, with classes running September 19. - October 24.

Cardio Kickboxing classes will be held on Thursdays, running September 21- October 26. All classes are held in the City Council Chambers at City Hall.

Classes are instructed by Joshua Jordan, a 2nd-degree black belt. These classes help develop self-defense skills, mental strength, focus, self-confidence, physical health and flexibility.

For more information and to register, click this link:  
<https://www.falconheights.org/residents/tkd-information>

### >>> Yoga

Get registered for upcoming yoga sessions!

Upcoming classes will run every Monday from September 11 - November 20 at 4:30 PM. in the City Council Chambers at City Hall.

Classes are instructed by Shaila Cunningham, who has over 20 years of experience and was certified in 2001 in-residence at Kripalu. Appropriate for healthy beginners or for those wanting to explore "deeper practices," classes will combine classical yoga with best practices, served up with a side of humor. Shaila serves as instructor for North Oaks and Midland Hills Golf Clubs and offers additional classes at YogaHotDish locations.

For more information and to register, click this link:

<https://www.falconheights.org/residents/parks-recreation/yoga>



# >>> PARKS AND RECREATION <<<

## Parks Programming

### Neighborhood Workouts at Curtiss Field

Due to the popularity of summer workouts, Anne Schwalbe is offering fall workout classes! Join your neighbors for a fun and friendly outdoor strength and conditioning workout at Curtiss Field Park (1551 Iowa Ave. W.) on four Saturday mornings at 8:30 a.m. from September 16 - October 14 (no class on 9/30).

Participants will use dumbbells, resistance bands, slam balls, and other implements to build overall strength, mobility, balance, and cardio endurance. All bodies are welcome here, regardless of age, size, and previous experience.

Purchase all four sessions for just \$45 or drop-in session for \$15 each.

For more information, click this [link](#)



# CITY RENTAL FACILITIES <<<

## >>> City Hall

### Full Council Chambers

Full Capacity: 150 / 75 seated

Pricing: \$125 + tax for 3 hours      \$200 + tax for a half day      \$275 + tax for a full day

A \$200 refundable damage deposit is required and setup fees may also apply.

### Partial Council Chambers

Half Capacity: 75 / 30 seated

Pricing: \$60 + tax for 3 hours      \$115 + tax for a half day      \$175 + tax for a full day

A \$200 refundable damage deposit is required and setup fees may also apply.

### Conference Room

Capacity: 8 maximum

Pricing: \$35 + tax for 3 hours      \$70 + tax for a half day      \$125 + tax for a full day

A \$200 refundable damage deposit is required and setup fees may also apply.

### Kitchen

Capacity: 10 / 6 seated

Pricing: \$30 + tax for 3 hours      \$60 + tax for a half day      \$75 + tax for a full day

A \$200 refundable damage deposit is required and setup fees may also apply.

City Hall reservations are only available for PUBLIC use; no private events may be held here.

### Reservation Form

## Field/Court <<<

The City has various courts and fields that can be reserved at Curtiss Field and at Community Park. For details and specific pricing, please see the [reservation form](#)

## >>> Picnic Areas

### Community Park

- Upper Picnic Area (against building): 5 picnic tables, trash bins
- East Picnic Area (near playground): 2 picnic tables, trash bins
- Lower Picnic Area (SW corner): 2 picnic tables, 1 BBQ grill, trash bins

Each picnic area is \$20 + tax for a half day or \$35 + tax for a full day.

A refundable damage deposit and setup fees may also apply.

The Community Park building is unusable. A portable restroom is available in the park.

### Reservation Information and Forms Found Here!





# RESIDENT <<< RESOURCES

## Online BIPOC Support Groups

The National Alliance on Mental Illness (NAMI) has coordinated various online support groups to help BIPOC. Please click [here](#) for more information.



## Energy Cents Coalition

Are you looking for help paying your Xcel bills or are you in need of a replacement furnace, water heater or refrigerator. Call 651 - 774 - 9010 to check if you are eligible

## Protection & Crisis:

There are protection & crisis resources available that are provided by Ramsey County. Click [here](#) for more information regarding protection and crisis resources.

## Emergency Assistance:

Get help with shelter payments, such as past due rent, to stop evictions or foreclosure. Click [here](#) for more information that could help!

## Blood Pressure Clinics

Sponsored By Como Park/Falcon Heights Block Nurse Program



Love your heart! Take advantage of these **free** Blood Pressure Clinics.



1st & 3rd Mondays from 2pm-3:30pm at Arbor Pointe Apartments  
2nd & 4th Mondays from 2pm-3:30pm at Falcon Heights City Hall

## Food Assistance:

There are many meal and food assistance programs that are available in Ramsey County.

Visit the Ramsey County website for information regarding food resource guides, programming, emergency support and more! Use the interactive map to find resources near you, including delivery services, free dining and meal sites.