



»» NEWSLETTER ««



CITY OF FALCON HEIGHTS
2077 LARPEN TEUR AVENUE WEST
FALCON HEIGHTS, MN 55113
651-792-7600



CONTACT US

City Hall	651-792-7600
Jack Linehan City Administrator	651-792-7611
Kelly Nelson Administrative Services Director / Deputy Clerk	651-792-7617
Elke van der Werff Administrative & Communications Coordinator	651-792-7621
Roland Olson Finance Director	651-792-7612
Hannah Lynch Community Development Coordinator/ City Planner	651-792-7613
Colin Callahan Public Works Director	651-792-7618

FIRE

Fire protection is provided by the St. Paul Fire Department.

Emergencies	911
Non-emergency	651-266-8989

POLICE

Police protection is provided by the Ramsey County Sheriff's Office.

Emergencies	911
Non-emergency	651-767-0640

CITY HALL HOURS:

Monday - Friday
8:00 AM - 4:30 PM





CITY COUNCIL

The City Council meets the 2nd and 4th Wednesday of each month at 7:00 PM at City Hall, 2077 W. Larpenteur Avenue. Meetings are streamed live from NineNorth (formerly CTV) and televised on public access channel 15.



MAYOR RANDY GUSTAFSON

RANDY.GUSTAFSON@FALCONHEIGHTS.ORG

COUNCIL MEMBER PAULA MIELKE

PAULA.MIELKE@FALCONHEIGHTS.ORG



COUNCIL MEMBER MELANIE LEEHY

MELANIE.LEEHY@FALCONHEIGHTS.ORG

COUNCIL MEMBER JIM WASSENBERG

JAMES.WASSENBERG@FALCONHEIGHTS.ORG



COUNCIL MEMBER ERIC MEYER

ERIC.MEYER@FALCONHEIGHTS.ORG

UPCOMING MEETINGS

- Wednesday, March 13 Open House on Potential Police Partnership - 6:00 PM
- Wednesday, March 13 City Council Meeting - 7:00 PM





CITY COUNCIL REGULAR MEETING



CITY OF FALCON HEIGHTS
CITY COUNCIL MEETING
MARCH 13, 2024
7:00 PM

AGENDA

PRESENTATIONS

MINUTES

1. February 8, 2024 City Council Special Workshop Joint Meeting with St. Anthony Village City Council Minutes
2. February 14, 2024 City Council Regular Meeting Minutes
3. February 14, 2024 City Council Special Workshop Meeting Minutes

PUBLIC HEARINGS

CONSENT AGENDA

1. General Disbursements, Payroll, Wire Payments
2. Approval of City License(s)
3. MN DNR Outdoor Recreation Grant Application
4. Appointment of Rebecca Leighton to the CEC

POLICY ITEMS

1. EVSE City Code Updates
2. Hollywood Court Permit Parking Petition
3. Community Park Bond Reimbursement Resolution
4. 2021 PMP Surety Bond Claim– Tolling Agreement



CITY COMMISSIONS

The City of Falcon Heights has four City Commissions, which serve the City Council in an advisory capacity. Commissioners are volunteers including Falcon Heights residents, local business owners, and business designees who have been appointed by the Mayor and approved by the City Council.

COMMUNITY ENGAGEMENT COMMISSION

The Community Engagement Commission advises the City Council on matters related to community needs and issues, crime and prevention, public awareness, community involvement, and human rights issues. The commission also helps plan and facilitate community events such as Human Rights Day and the Ice Cream Social.

The Community Engagement Commission meets on the third Monday of the month at 6:30 PM at City Hall.

There is currently ONE vacancy. To apply, [click here](#)

PARKS AND RECREATION COMMISSION

The Parks & Recreation Commission advises the Council on matters related to the operation of the City's public parks and the City recreation program.

The Parks & Recreation Commission meets on the first Monday of the month at 6:30 PM at City Hall.

There are currently NO vacancies.

PLANNING COMMISSION

The Planning Commission advises the City Council on matters related to planning, zoning, and land use. Meetings are streamed [live from NineNorth](#) and televised on public access channel 15.

The Planning Commission meets on the fourth Tuesday of the month at 7:00 PM at City Hall.

There are currently NO vacancies.

ENVIRONMENT COMMISSION

The Environment Commission advises the City Council on matters related to environmental issues, including recycling and waste disposal, community gardens, and stormwater runoff. The Commission also develops and recommends implementation of environmentally friendly initiatives such as rain barrels and solar panels, supporting and advancing the City's participation in the [GreenStep Cities](#) program.

The Environment Commission meets the second Monday of the month at 6:30 PM at City Hall.

There is currently NO vacancies. To apply, [click here](#).

PUBLIC WORKS & <<< COMMUNITY UPDATES

Storm Sewer Vault

Public Works is working on mapping the City's storm sewer vault into a GIS map.

Community Park and Curtiss Field

Public Works will be removing invasive Buckthorn at Community Park and continue to remove volunteer trees at the Curtiss Field pond area.

Street Sweeping

Public Works will start street sweeping next week. They will begin in the University Grove neighborhood and work their way east.

American Environmental

American Environmental is scheduled to start cleaning the sanitary sewer system next week. They will begin west of Snelling Ave.

Scam Alert

Please be aware of an ongoing scam. White and blue door hangers from "C&P Clearwater LLC" with the message "Community Water Update" in English and Spanish are circulating in some Falcon Heights neighborhoods. These notices are inaccurate and misleading. Falcon Heights is not affiliated with "C&P Clearwater LLC".

Do not provide any personal information or respond to requests for money based on these fake notices. If you see somebody actively hanging these door hangers or believe that you are a victim, you are encouraged to contact the Ramsey County Sheriff's Office at 651-767-0640.



Pi Days 2024 at the Bell Museum

March 13 - 17 | 10:00 AM - 4:00 PM

Visit the Bell Museum to help them continue the Pi Day chain they started in 2019. You can make your own link to add to this never-ending number. Decorate your link with arithmetic art, your very own irrational pi-ku (a poem with 3 syllables/1 syllable/4 syllables), or a phrase in Pilish—the possibilities are endless! This popup program will celebrate mathematics fun all week in Horizon Hall.

More information about the Bell Museum can be found [here](#).



COMMUNITY <<< EVENTS & UPDATES

Neal Kwong Award

Neal Kwong was a Falcon Heights resident who tragically passed away at the age of fifteen. He was an outstanding member of our community. In his memory, the City established the Neal Kwong Award to recognize young people, ages 12 to 19, who display leadership and volunteerism in Falcon Heights. Nominees must live in or volunteer in Falcon Heights. Parents are encouraged to support their youth by nominating them or by helping neighbors and friends willing to nominate them.

Nominations for the 2024 Award are due no later than Friday, April 26th at 4:30 PM.

The award recipient(s) will be recognized at a Falcon Heights City Council meeting, in this newsletter, and on a plaque in the lobby of City Hall.

For more information on the award and for a link to the application, please visit the [website here](#)





NEIGHBORHOOD FOOD DRIVE

**MARCH
CAMPAIGN**

March 17, 2024

12-2 PM

Como Park Lutheran Church Parking Lot



**Minnesotans made a record-breaking 7.5 million visits to food shelves in 2023.
Your support is greatly needed & appreciated!**

NEEDED ITEMS:

- ☐ Peanut Butter ☐ Cooking/baking items—flour, sugar,
- ☐ Canned tuna (and other proteins) and oil
- ☐ Soup ☐ Culturally specific food—rice, fish
- ☐ Cereal sauce, bamboo shoots, vermicelli noodles

**Cash/Check (payable to Keystone Community Services)*

**Drop off your donations at Como Park Lutheran Church's parking lot
located at the intersection of Hoyt Ave W & Hamline Ave N.**

This event is sponsored by a Thrivent Action Team.



Como Park Lutheran Church
1376 Hoyt Ave W, 55108
651-646-7127
comoparklutheran.org



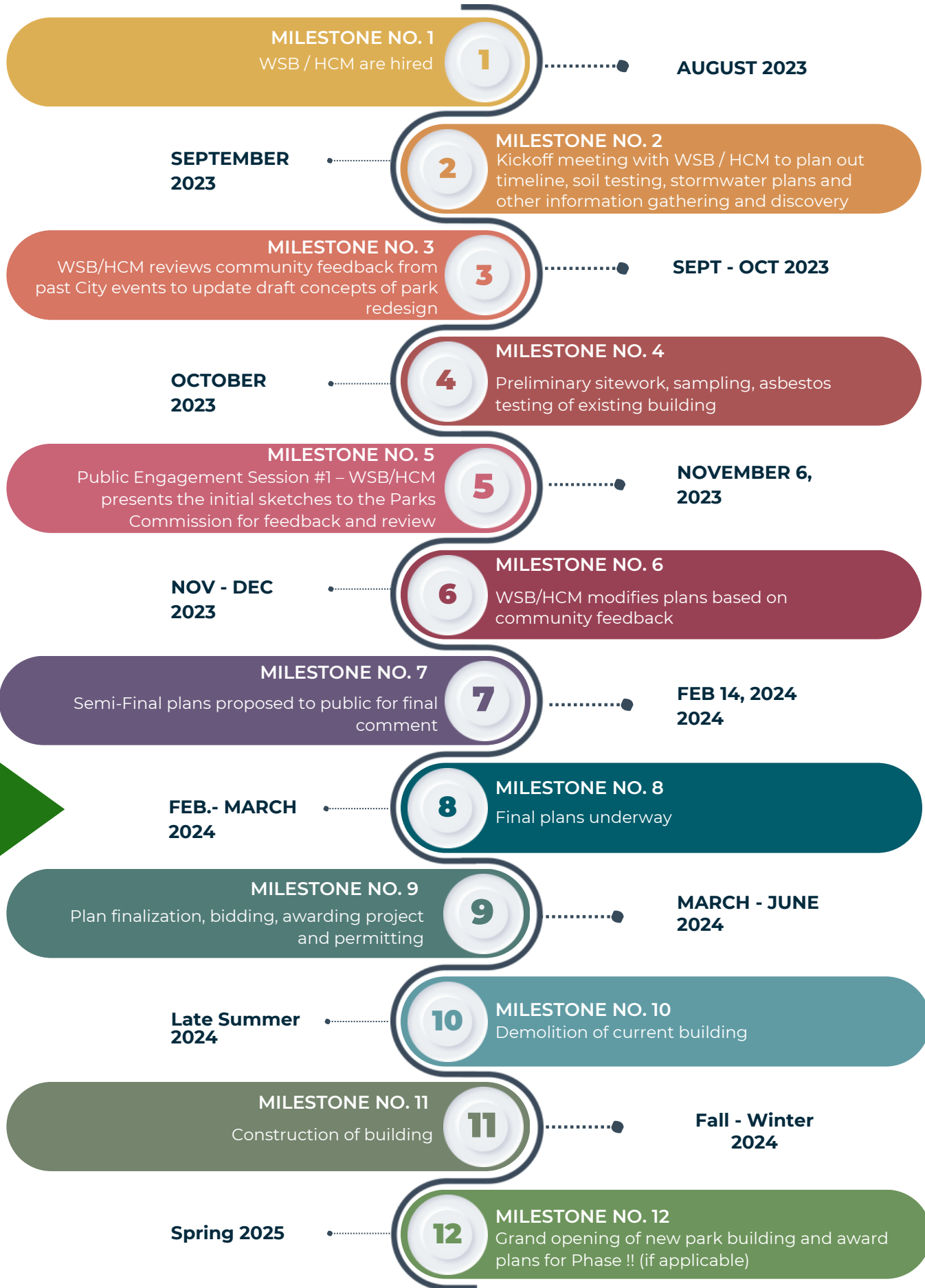
In partnership with:
Como Community Seed Library
Saint Paul, MN
comoseedlibrary.org



Also in partnership with:
Como Connects
651-642-1127
comoconnects.org

COMMUNITY PARK TIMELINE

The timeline is subject to change as the project develops.





The mission of ComoConnects is to organize community volunteers, professionals, and family members to provide care for their neighborhood seniors in ways that support choice, dignity, and independence.

With the spirit of "Neighbors Helping Neighbors," ComoConnects provides a spectrum of services, bringing neighborhood health professionals, volunteers, caregivers, and community leaders together to provide high-quality, long-term care.

They provide services to residents aged 65 and better in the community of Como Park as well as areas of Falcon Heights.

To learn more about ComoConnects, visit their website [here](#) or call 651-642-1127

Ramsey County Master Gardeners Present: Introduction to Vegetable Gardening Overview

Thursday, March 14, 2024 6 - 7:30 PM

This class teaches the basics of growing your first vegetable garden. Learn where to plant your vegetables, which plants to choose, and how to care for your garden all season long.

This is an In-Person class at Ramsey County Library - Maplewood (3025 Southlawn Drive Maplewood Minnesota 55109)

Register [here](#)

COMMUNITY <<< EVENTS & UPDATES

Northeast Youth & Family Services



NYFS is here for you!

Immediate openings are available for mental health clients age 4 and over

Call us at 651-486-3808 or [request an appointment online today!](#)



Northeast Youth & Family Services (NYFS) is a nonprofit, community-based and trauma-informed mental health and community services organization that has been serving people in the northeastern suburbs since 1976.

NYFS services include clinic-based and telehealth counseling for all ages, school-based services, day treatment services for middle and high school youth, diversion programming for youth, Community Connections programming for isolated youth, and Community Advocate services.



WE'RE HIRING!
-Summer Program Intern-

The City is currently hiring for a Summer Program Intern. The position will be responsible for planning, organizing, and coordinating summer recreational programs for children (ages 3-13) in an outdoor setting.

The position will also help hire and train other summer programming staff. The ideal candidate will be able to work with no direct supervision, excel in leading group activities, have experience working with children, and have a background in Parks and Recreation or Elementary Education.

If this sounds like you, we highly encourage you to apply! The position will close on Friday, May 31 at 4:30 PM

Please visit [our website](#) to view the entire job description and review the application requirements.

WE'RE HIRING!
-Seasonal Recreation Staff-

The City of Falcon Heights is seeking candidates for the temporary/seasonal positions of Seasonal Recreation Staff. These positions will be responsible for assisting in the implementation of summer programming for children (ages 3-13) in an outdoor setting. The ideal candidates will be energetic, reliable, and have experience in coaching or working with children.

Please visit [our website](#) to view the entire job description and review the application requirements.

COMMUNITY <<<
EVENTS & UPDATES

Keep Music Alive

Keep Music Alive is celebrating the milestone 10th Anniversary Teach Music Week by partnering with over 1,200 locations to provide FREE music lessons and music & movement classes from March 18th through March 24th. Anyone interested can input their zip/postal code (or city & state/province) at www.TeachMusicWeek.org beginning Friday, March 1st to find participating locations near them.

Keep Music Alive is also excited to partner once again with Guitar Center, the retail chain making it easier and more fun than ever to give music a try with a FREE group guitar lesson on Saturdays March 16th and March 23rd: RSVP - www.GuitarCenter.com/Lessons-Open-House.gc



Share Your Input on a Potential Police Services Partnership With St. Anthony Village

City Council Wants Your Feedback

As the Falcon Heights City Council considers a potential partnership with St. Anthony Village's police department, City Councilmembers are looking to hear from residents.

The City of Falcon Heights has been looking for a long-term partner for police services since 2022. In 2022 and 2023, Falcon Heights conducted a study through the Center for Values-Based Initiatives to analyze the City's law enforcement services contract and needs. A series of three focus groups and a randomized resident survey were conducted to gather input on residents' priorities, building upon the extensive community feedback that informed Falcon Heights' Inclusion and Policing Task Force recommendations in 2017.

After carefully analyzing our needs and the available options, a potential renewed relationship with St. Anthony Village could be a good fit that aligns with the values of Falcon Heights residents identified in our previous engagement.

[Read more about the potential partnership.](#)

Community Engagement Opportunities

Over the next several weeks, the Falcon Heights City Council will provide several in-person and virtual opportunities to hear feedback, questions and concerns from residents.

- A [brief online survey](#) is open through April 12.
- Open houses will be held prior to City Council meetings from 6-7 PM on Wednesday, March 13, and Wednesday, March 27, at Falcon Heights City Hall (2077 Larpenteur Ave. W).
- Throughout March, City Council members will talk with residents at a variety of community meetings hosted by local organizations and will be door-knocking as well. [View community engagement opportunities on our police partnership webpage.](#)
- Falcon Heights and St. Anthony Village will also host two joint town halls at 6:30 PM on Wednesday, April 17, at Falcon Heights City Hall(2077 Larpenteur Ave. W.) and Thursday, April 18, at St. Anthony Village City Hall (3301 Silver Lake Rd. NE). This will be an opportunity to learn the results of the community engagement process and provide additional feedback to the two councils as they consider a potential partnership.

We are eager to hear from our residents about this important issue, and we encourage you to participate in as many community engagement opportunities as you would like.

Contact City Administrator Jack Linehan with comments or questions at jack.linehan@falconheights.org or 651-792-7611.



COMMUNITY DEVELOPMENT

75th Anniversary

On April 1, 1949, by a vote of 5 to 1, the citizens rejected petitioning either Roseville or St. Paul for annexation and chose instead to establish their own independent village government. The incorporation of the Village of Falcon Heights brought in all of the remaining unincorporated areas of Rose Township, including the State Fairgrounds, University of Minnesota Campus Golf Course, and Test Fields. In 1973, the Village of Falcon Heights became a city.

To celebrate 75 years since officially becoming "Falcon Heights", the City is working on plans to honor the occasion. If you are interested in participating in the celebration planning, please fill out a form on our [website](#).

Highway 36 Study

MnDOT is looking ahead to the future of Hwy 36 in Roseville, Little Canada and Maplewood. While this 8-mile segment is not directly located in Falcon Heights, it is a vital route for many residents.

In 2023, MnDot heard from more than 1,700 people who shared more than 5,000 comments about the future of Hwy. 36. The team has now developed ideas for improvements. Share your input on ideas for the future of Hwy 36 by taking their [online survey](#)! The survey is open until Sun, March 17 at 11:59 PM

State Fair Task Force 2.0

Following the tremendous work done by State Fair Task Force 1.0 in 2023, the City Council determined that the City should again create a task force to continue and finish the work started by the previous task force.

The task force will meet monthly or as needed to review the necessary policies in 2024 and 2025 with a sunset date of December 31, 2025 unless extended by the City Council.

If you are interested in participating, please fill out the interest form [here](#).

Hunting & Fishing Licenses

Now is the time of year for anglers and hunters to buy new fishing and hunting licenses. Minnesota fishing, hunting and trapping licenses for 2023 expire Thursday, Feb. 29. Licenses for 2024 are now available wherever fishing and hunting licenses are sold, online (mndnr.gov/buyalicense) and by telephone at 888-665-4236. Online buyers can print the license or choose to receive a text or email that when displayed on a mobile device serves as proof of a valid fish or game license to state conservation officers.

All 2024 fishing licenses become effective Friday, March 1. New licenses are required to participate in 2024 hunting and fishing seasons that continue past Feb. 29.



Snelling & Larpenteur

CORRIDOR DEVELOPMENT STUDY

In early 2023, the City of Falcon Heights applied for and received a grant from Ramsey County to review the two most critical transportation corridors within the city, Snelling Avenue and Larpenteur Avenue. The project is to evaluate the existing land uses along the two corridors and identify areas of potential future redevelopment and reinvestment to meet future housing and business needs.

The City received applications for a focus group as participants in the study and they had their first meeting on February 26, 2024

For more information and to follow the progression of the study, click [here](#)

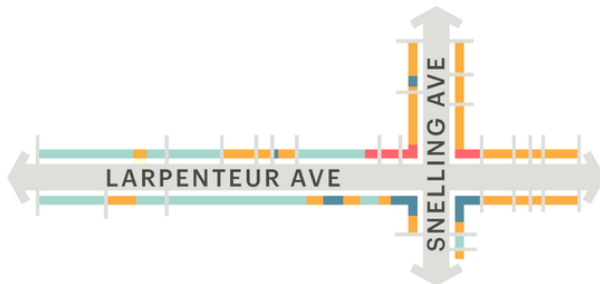
COMMUNITY DEVELOPMENT

Smart911.com

Smart911.com gives 911 the information they need to help you fast. It's free to use.

- You can receive notifications about weather, traffic, and other emergency disasters and find out about gas leaks, missing persons, police pursuits, or other safety concerns.
- You can choose which notifications to receive
- If the police need to be called they will be notified if you have:
 - people living in your household; phone numbers of your family; emergency contacts; pets/service animals in your home; medical conditions/allergies - including mental health; medications/medical equipment; and property details/layouts.

For more information and to sign up, click [here](#)



ZONING

- █ BUSINESS (B1, B2, B3)
- █ RESIDENTIAL (R1, R2, R3, R4, R5)
- █ PUBLIC LAND (P1, P1/R1)
- █ PLANNED UNIT DEVELOPMENT (PUD)

(MAP IS NOT TO SCALE)

Fix-it Clinic

Bring household goods and clothing in need of repair. Please bring any tools and supplies you think might help. Events are first come, first served.

Saturday, March 23, 2024 (10:30 AM - 1:30 PM.) Last items accepted at 1 PM.

St. Anthony Park Library
2245 Como Ave.
Saint Paul, MN 55108



COMMUNITY DEVELOPMENT

Partners in Energy

The City of Falcon Heights has partnered with Xcel Energy and MNCEE to join the Partners in Energy Program.

Energy Action Team Member Application

We are looking for Energy Action Team members to help us develop the Falcon Heights Energy Action Plan. We are very excited to work with stakeholders in our community to create a vision and plan for our energy future.

Partners in Energy is a two-year collaboration with Xcel Energy to develop and implement our community's energy plan goals. This is an opportunity to engage stakeholders, create goals and strategies, and develop a work plan to be successful.

Click [here](#) for the Energy Action Team application.

Community Energy Survey

We are looking for responses from community members to help shape our Energy Action Plan. This plan will build off of the Comprehensive Plan's energy goals and include extensive community input to the planning process to determine what we, as a community, want to achieve related to electric and natural gas options. We encourage community members to share thoughts on topics including:

- Energy Efficiency - Saving energy through weatherization of homes and buildings and efficient technologies
- Renewable Energy - Wind and solar energy for homes and businesses
- Electric Vehicles - Resident adoption, fleet upgrades and charging infrastructure
- Electrification - Adopting electric heating/cooling and appliance technologies

The outcome of this plan, through your input, will guide the City in reaching its energy goals over the coming years. Click [here](#) to access the survey!

Ready to Save on Your Energy Bills?

One convenient Home Energy Squad® visit is your answer to years of energy savings. We offer two home visit options:

- For homes built after 2000, mobile homes, condos, and renters – Only \$35 (normally \$70)
- For older homes – Only \$50 (normally \$100)

To learn more and to schedule your visit call 651-328-6220, or visit: mncee.org/hes

Free visits available to income qualified households.



COMMUNITY EVENTS & UPDATES

AARP Foundation Tax-Aide

AARP Foundation Tax-Aide provides in-person and virtual tax assistance to anyone, free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. AARP membership is not required.

Tax-Aide volunteers are trained and IRS-certified annually.

Volunteers will be available at City Hall every Thursday through April 11, with appointments from 9:00 AM to noon. Tax assistance will be by appointment only.

To reserve your tax appointment, click [here](#) and staff will follow up with you.

Or, contact City Hall at 651-792-7600 or mail@falconheights.org.

Please note, City Staff will NOT be able to answer any tax-related questions and are only able to assist with your appointment. Thanks for your cooperation!

St. Anthony Park Area Seniors

NEW! Handiwork Group

What: A time to work on your knitting, crocheting, embroidering, etc. while socializing and enjoying treats from The Finnish Bistro.

Meetings: 2nd Thursday of the month

Upcoming dates: March 14 & April 11

Time: 9:30-11:30 AM

Place: The Finnish Bistro, 2264 Como Ave.

No charge to participate. No reservation required.

Questions?

Call Karen at 651-434-4603 or email:

krnglgrbg@gmail.com

Spring Tax Statements and Value Notices Arriving Soon

Property tax statements and valuation notices will be mailed to Ramsey County property owners in mid-March.

Tax statements show the amount of taxes and when they are due. The mailing also includes information about refund programs through the state.

Valuation notices include your property classification, estimated market value and taxable market value, which is used to determine property taxes payable in 2025.

Please review your valuation notice carefully. If you believe there is an error, now is the time to appeal or question your classification or valuation.

[Learn about property values and contact the Assessor's Office with your questions](#)



NATURE <<< NEWSFLASH

Smart Salting

As the thaw sets in and icy roads become a distant memory, it's still crucial to understand the impact of our winter habits on the environment. Chloride pollution is a pressing issue, stemming primarily from the salt we use on our roads and sidewalks. When salt is spread on roads and sidewalks to melt ice, it doesn't just disappear with the snow. Instead, it seeps into our soil, groundwater, and eventually, our lakes and rivers. This excess chloride disrupts aquatic ecosystems, harms wildlife, and jeopardizes our water quality.

Residents who want to help should focus on these key practices:

- **Shovel first:** Always shovel any snow or ice away before putting salt onto a hard surface. It takes less salt to do the same job and works more quickly.
- **Maintain appropriate salt usage:** A general guideline is to use no more than 1 to 1.5 cups of salt per every 10 sidewalk squares.
- **Sweep up extra salt to reuse:** If you accidentally used too much salt during one storm, sweep up the extra salt and reuse it. If you leave it on the pavement, it will likely runoff to nearby vegetation, to a local storm drain, or into a local water body.

To learn more visit the Minnesota Pollution Control Agency website for more information!

Submitted by Pedro De Filippo Vannucci, resident of Falcon Heights and member of the Environment Commission

IS THERE SOMETHING YOU WANT TO SEE IN THE NATURE NEWSFLASH, OR ARE YOU AN EXPERT AND WANT TO BE INCLUDED IN FUTURE ARTICLES? Send your ideas over to Hannah Lynch, Community Development Coordinator, at hannah.b.lynch@falconheights.org.

>>> PARKS AND RECREATION <<<

City Hall Programming

Tae Kwon Do <<<

Register for Tae Kwon Do sessions!

Tae Kwon Do Basic and Intermediate/Advanced sessions will be held on Tuesdays, with classes running February 20 - April 2 (no class on March 26).

Cardio Kickboxing classes will be held on Thursdays, running from February 22 - April 4 (no class on March 28).

All classes are held in the Council Chambers at City Hall.

Classes are instructed by Joshua Jordan, a 2nd-degree black belt. These classes help develop self-defense skills, mental strength, focus, self-confidence, physical health and flexibility.

For more information and to register, click this link:
<https://www.falconheights.org/residents/tkd-information>

>>> Yoga

Register for yoga sessions! You can purchase as all / individual sessions!

Classes will be held on Mondays from March 11 through May 20 at 4:30 PM. in the Council Chambers at City Hall. *No class on May 6.

Classes are instructed by Shaila Cunningham, who has over 20 years of experience and was certified in 2001 in-residence at Kripalu. Appropriate for healthy beginners or for those wanting to explore "deeper practices," classes will combine classical yoga with best practices, served up with a side of humor. Shaila serves as instructor for North Oaks and Midland Hills Golf Clubs and offers additional classes at YogaHotDish locations.

For more information and to register, click this link:
<https://www.falconheights.org/residents/parks-recreation/yoga>



CITY RENTAL FACILITIES <<<

>>> City Hall

Full Council Chambers

Full Capacity: 150 / 75 seated

Pricing: \$125 + tax for 3 hours \$200 + tax for a half day \$275 + tax for a full day

A \$200 refundable damage deposit is required and setup fees may also apply.

Partial Council Chambers

Half Capacity: 75 / 30 seated

Pricing: \$60 + tax for 3 hours \$115 + tax for a half day \$175 + tax for a full day

A \$200 refundable damage deposit is required and setup fees may also apply.

Conference Room

Capacity: 8 maximum

Pricing: \$35 + tax for 3 hours \$70 + tax for a half day \$125 + tax for a full day

A \$200 refundable damage deposit is required and setup fees may also apply.

Kitchen

Capacity: 10 / 6 seated

Pricing: \$30 + tax for 3 hours \$60 + tax for a half day \$75 + tax for a full day

A \$200 refundable damage deposit is required and setup fees may also apply.

City Hall reservations are only available for PUBLIC use; no private events may be held here.

Reservation Form

Field/Court <<<

The City has various courts and fields that can be reserved at Curtiss Field and at Community Park. For details and specific pricing, please see the [reservation form](#)

>>> Picnic Areas

Community Park

- Upper Picnic Area (against building): 5 picnic tables, trash bins
- East Picnic Area (near playground): 2 picnic tables, trash bins
- Lower Picnic Area (SW corner): 2 picnic tables, 1 BBQ grill, trash bins

Each picnic area is \$20 + tax for a half day or \$35 + tax for a full day.

A refundable damage deposit and setup fees may also apply.

The Community Park building is unusable. A portable restroom is available in the park.

Reservation Information and Forms Found Here!



RESIDENT <<< RESOURCES

Online BIPOC Support Groups

The National Alliance on Mental Illness (NAMI) has coordinated various online support groups to help BIPOC. Please click [here](#) for more information.



Energy Cents Coalition

Are you looking for help paying your Xcel bills or are you in need of a replacement furnace, water heater, or refrigerator? Call 651 - 774 - 9010 to check if you are eligible

Protection & Crisis:

There are protection & crisis resources available that are provided by Ramsey County. Click [here](#) for more information regarding protection and crisis resources.

Emergency Assistance:

Get help with shelter payments, such as past due rent, to stop evictions or foreclosure. Click [here](#) for more information that could help!

Blood Pressure Clinics

Sponsored by



Love your heart! Take advantage of these **free/donation-based** Blood Pressure Clinics.

1st & 3rd Mondays from 2-3:30 PM at Arbor Pointe Apartments

2nd & 4th Mondays from 2-3:30 PM at Falcon Heights City Hall

1st & 3rd Wednesdays from 10-11:30 AM at Hendrickson Apartments



Food Assistance:

There are many meal and food assistance programs that are available in Ramsey County.

Visit the Ramsey County website for information regarding food resource guides, programming, emergency support and more! Use the interactive map to find resources near you, including delivery services, free dining and meal sites.

United Way

United Way 2-1-1 provides free and confidential health and human services information for people in Minnesota. They are available 24 hours a day, 7 days a week to connect you with resources and information. Just call 2-1-1

